

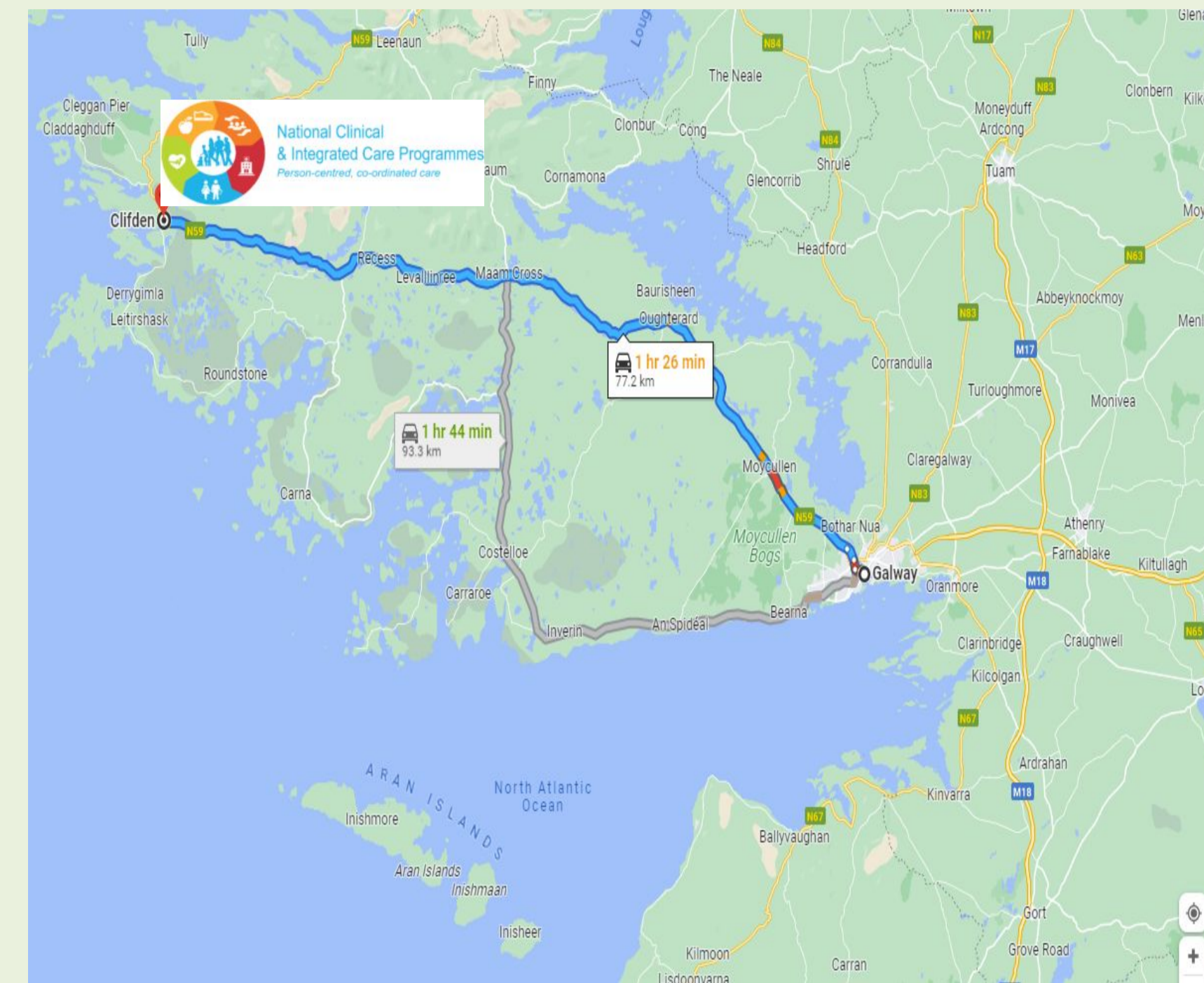
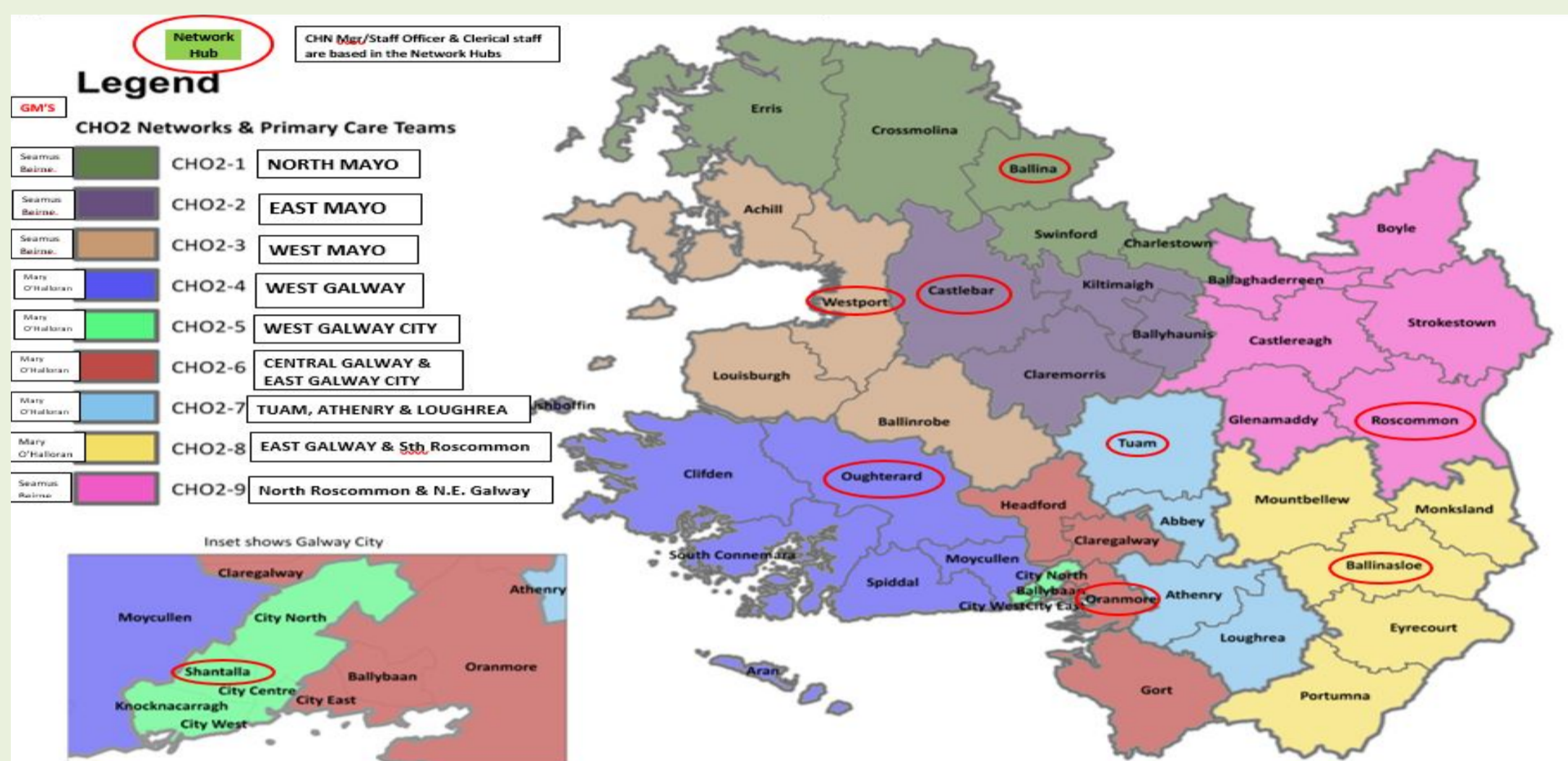
DEVELOPMENT OF A BE-SPOKE ICPOP CLINIC IN THE WEST OF IRELAND

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BACKGROUND:

1. The West Galway ICPOP service covers West Galway City, County and surrounding Islands (population ~38,000). Much of our catchment population are living rurally with few accessible public transport options to attend Galway city for medical assessments. We identified that the District Hospital in Clifden was an ideal area to develop our first spoke clinic.
2. The ICPOP spoke clinics have facilitated access to RANP led clinics in the Irish language, supporting the older person not only in their locality but in their language of preference.
3. We identified an additional benefit in supporting older people living in Connemara who have relocated from the Ukraine to access a specialist service with the support of interpreters. These individuals would have limited access to transport into Galway city for hospital appointments.
4. This mode of care is designed around the principle of a main healthcare setting (hub) offering a full complement of services and investigations, supporting secondary (spoke) clinics, which offer a narrower range of services but may be much more practical for older adults. This strategic model can meet patient needs fully, allow for appropriate concentration of resources and offers great potential for delivery of high quality patient care.



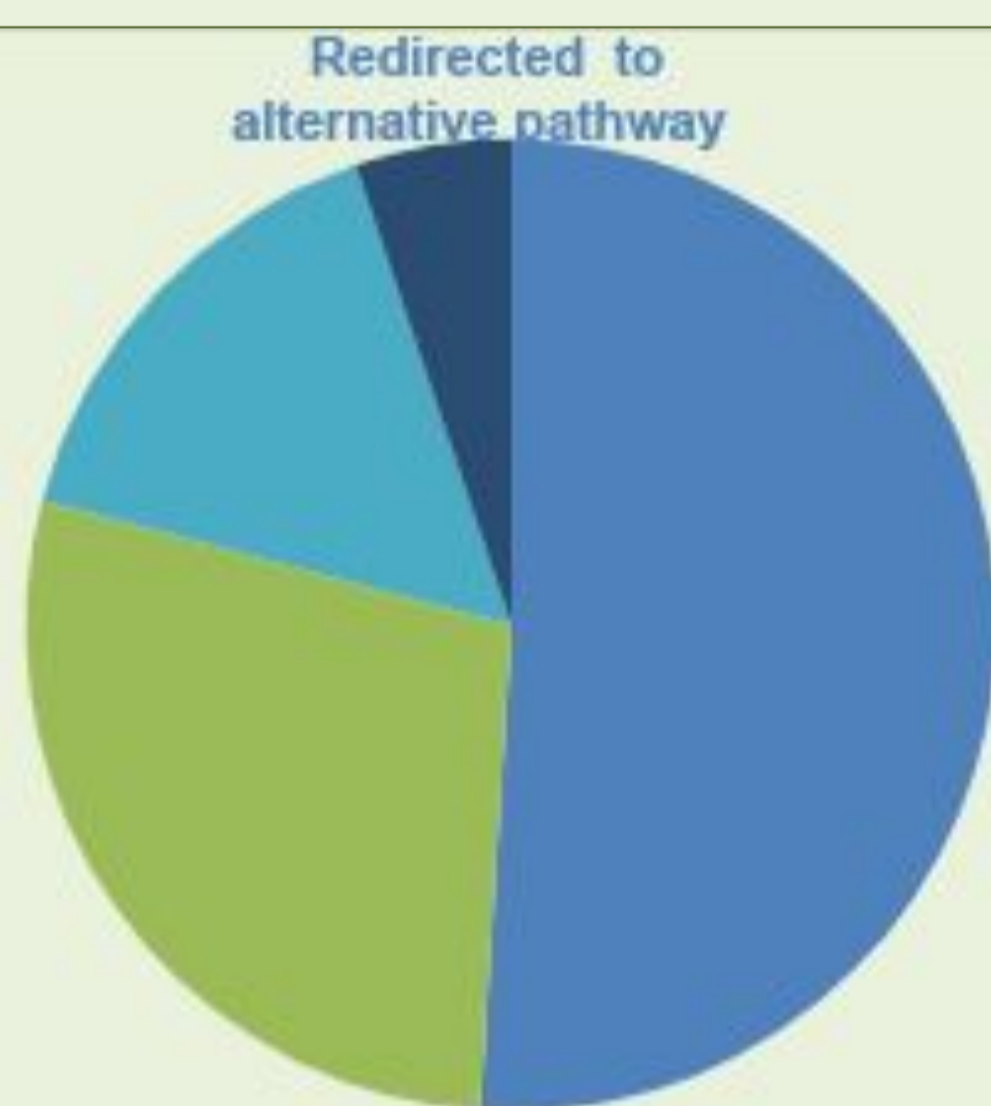
OBJECTIVES:

Our aim is to develop several spoke clinic in a rural catchment area in West County Galway as part of the Integrated Care Programme for Older Persons (ICPOP) service.

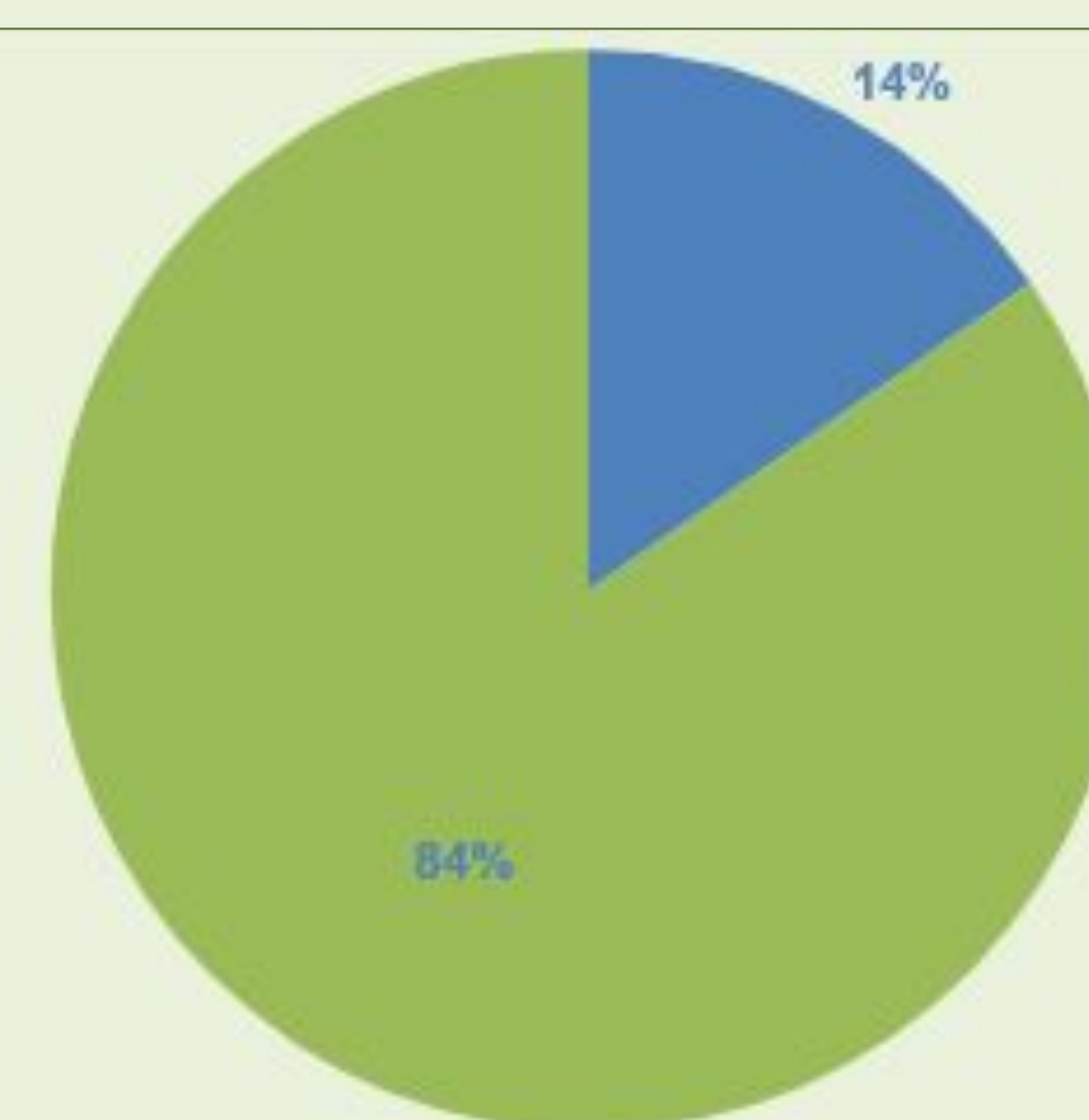
SERVICE IMPACT:

First clinic was on the 10th January 2023 with a total of 3 spoke clinics now in operation. 96 referrals have been allocated to the spoke clinics as per the geographical area of the patient.

Referral Breakdown



Progress



COLLABORATIVE PRACTICE

The service works in collaboration with Primary Care Teams (PCT's). Referrals that meet ICPOP criteria are accepted directly from PCTs. We promote a seamless transition from PCT service to our enhanced community based service. Additional benefit has been improved interaction with local services and primary care teams co-located at spoke clinic sites. The service has been responsive in triaging, assessing and implementing interventions to patients in order to support hospital avoidance, support early discharge from the acute setting, providing a comprehensive geriatric assessments and diagnostic access to the patient. This promotes the Sláintecare vision by accommodating timely access to the right care, at the right time as close to the patients home as possible. This vision has also been achieved by collaborating with the Frailty at the Front Door and Pathfinder services.

PATIENT FEEDBACK IN RELATION TO THE CLINICS — Current locations have been met with positivity, which encourages us to continue to develop spoke Clinics across the geographical area.

ESTABLISHED CLINICS	PATIENT FEEDBACK	PROJECTED SITES
<ul style="list-style-type: none"> • Clifden District Hospital 152km round trip • Carraroe Health Centre 100km round trip • Moycullen Primary Care Centre* 20km round trip <p>*captures patients in the city area and facilitates avoidance of attending University Hospital Galway</p>	<p><i>"My mother-in law was treated with respect and dignity. What a great service. She was delighted that she could be seen so close to her own home and at her appointment time".</i></p> <p><i>"The fact that I could attend a care centre near me-Moycullen. The friendliness and care of all in the team".</i></p> <p><i>"It was great it was so local as travelling to Galway at this stage is not an option".</i></p>	<ul style="list-style-type: none"> • Clonbur / Cornamona Health Centre • Aran Islands • Inishbofin

CONCLUSION: The BE-SPOKE clinics endeavour to deliver a comprehensive Geriatric assessment, the "Gold Standard" in the assessment of the older person, to provide timely specialist intervention, in the right place at the right time. Collaborating with ECC programmes and services so the patient can avoid hospital admissions, facilitate timely discharges and support the patient and their families to manage and attend to individual health and social care needs. Our success to date has corroborated the need to continue to develop these BE-SPOKE Clinics.

ACKNOWLEDGEMENTS & COLABORATIONS

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Institutes: ¹ Integrated Care Programme for Older Persons Galway City And County ² University Hospital Galway, ³ Community Healthcare West, ⁴ University of Galway, ⁵ Galway Primary Care