



# Enhanced Community Care

## ENGAGING MEN IN HEALTH SCREENING

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HSE Cork North Community Work Department, in partnership with Men's Sheds, engage men in health screening with the support of Primary Care and Health Promotion and Improvement



The HSE Cork North Community Work Department has partnered with a number of Men's Sheds in Cork City and County to encourage and support men to put a focus on their personal health needs. Partnering with Men's Sheds is a great way to engage men in a space in which they feel connected and safe to discuss issues affecting their health. The mens health checks involved screening for Diabetes and Blood pressure and BMI checks which were carried out by PHNs and Integrated Care Diabetes CNS within Primary Care. Health Promotion and Improvement officers also attended to give information on smoking cessation and physical activity programmes. The Health Screenings were organised by HSE Community Workers and Community Health Workers who work closely with Men's Sheds and other community and voluntary organisations to improve health outcomes and promote social inclusion.



Nicola Lucey and Leah Bentham, HSE Community Workers, Cork North Community Work Department CHO4



Shirley O Shea, Senior Health Promotion Officer CHO 4 and Members of the Mens Shed



Pauline O Grady Noonan, Mallow Community Health Worker and PHNs Network 4 CHO4



Niamh Motherway, ACPHN network 6 CHO4



Miriam O Shea, Smoking Cessation Officer CHO4



Mary Lucey, Clinical Nurse Specialist Diabetes Integrated Care Network 5 CHO4

To find out more please contact HSE Cork North Community Work Department on 021 4928370 or check out the webpage [www.healthactionzone.ie](http://www.healthactionzone.ie)



Fermoy Community Health Project

