

RAPID ACCESS ATRIAL FIBRILLATION CLINIC CAVAN MONAGHAN CDM HUB

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A.Fib is the New Epidemic in Cardiovascular Disease

AF & You

Atrial Fibrillation (AF) is the most common type of irregular heart beat.

AF can affect anyone and your risk increases as you get older. **1 in 4** people over the age of 50 are at risk of developing AF.

People with AF are **5** times more likely to have a stroke.

IRISH HEART FOUNDATION
Fighting Heart Disease & Stroke

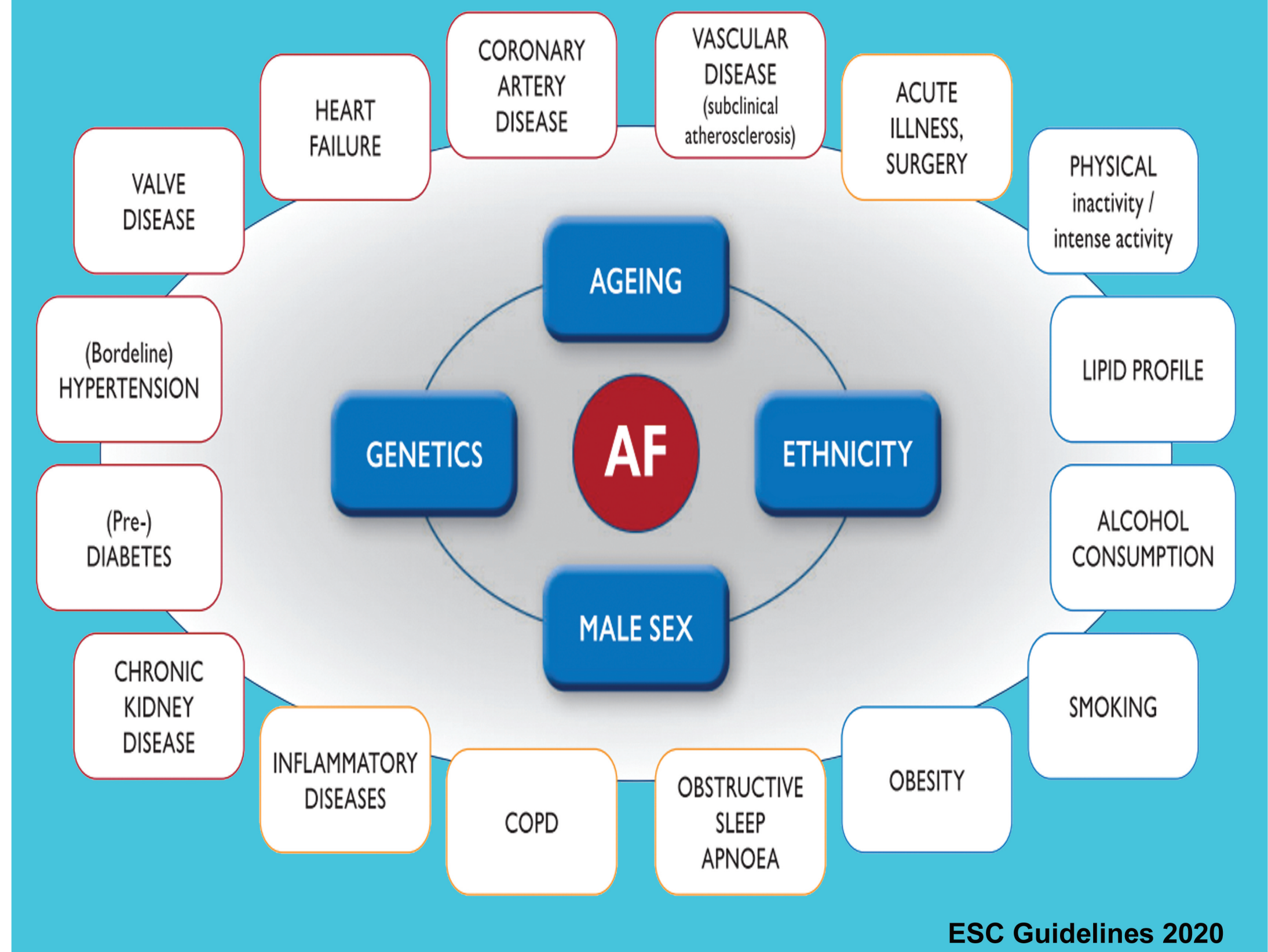
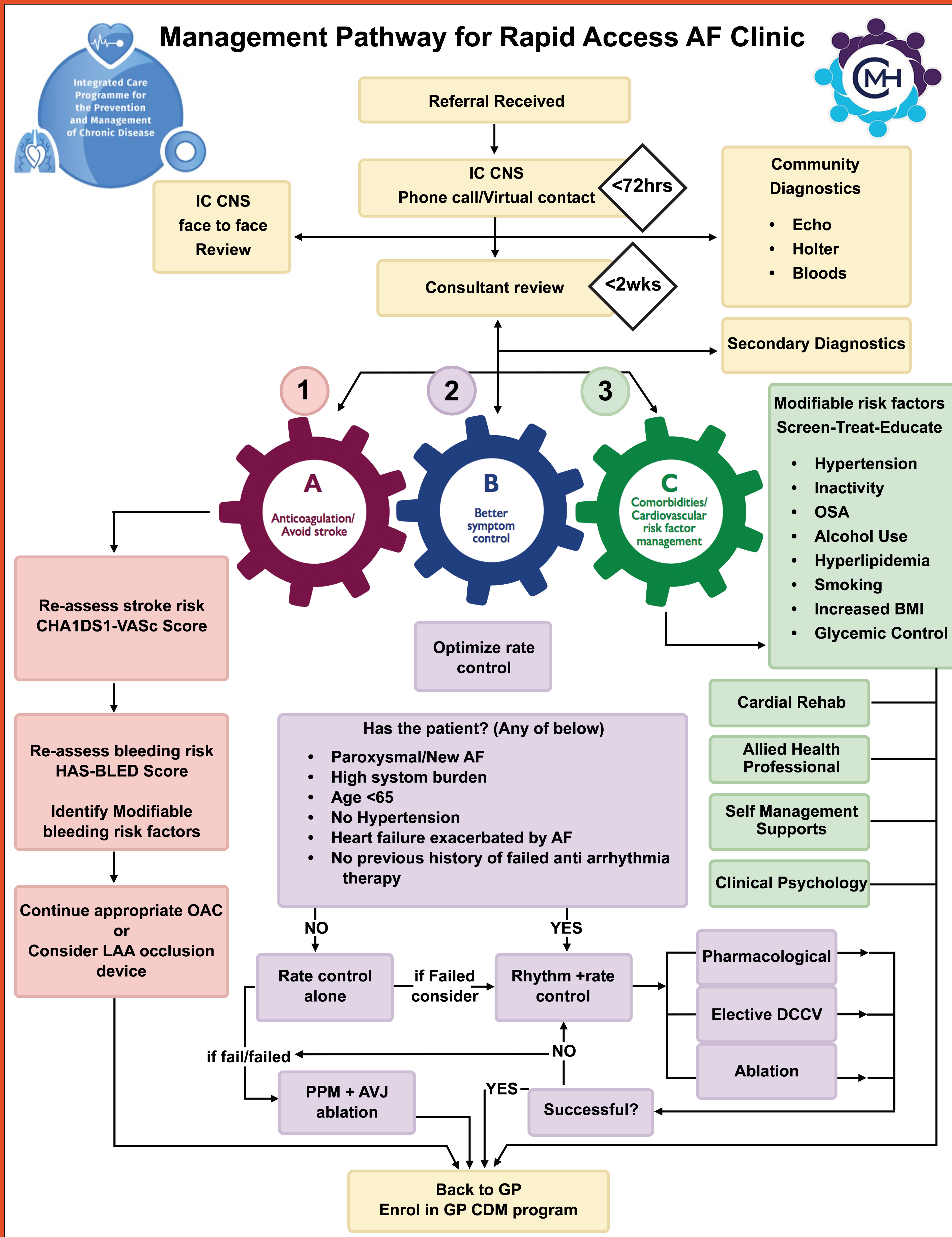
RISK FACTORS FOR A.FIB

- If untreated, A-Fib patients have a **5X** higher risk of **STROKE**
- A-Fib patients are **44%** more likely to develop **DEMENTIA**
- Your heart's pumping volume is reduced by **15% or more** with less Oxygen to the body & brain

A.Fib.com

THE AIMS OF THE RAPID ACCESS A.FIB CLINIC

- Prevent hospital admissions
- Treatment and management of A. Fib to be provided as close to the patients home as possible



IMPACT OF A.FIB CLINIC

- 4-5 hospital days beds saved per referral
- Reduced waiting times for patients to access ECHO
- Reduced waiting times for Consultant Cardiologist review
- 20 patients experiencing A.Fib symptoms are monitored on our Kardia devices in the community

References

- Hindrick, G. et al (2020). 2020 ESC Guidelines for the Diagnosis and Management of Atrial Fibrillation Developed in Collaboration with the European Association for Cardio-Thoracic Surgery (EACTS). European Heart Journal. 42. pg373-498
- <http://irishheart.ie>
- <http://a.fib.com>